

## How to Use Fragrance Oils Plus Secret Tricks & Tips

### Wear Them

You can wear these oils on your skin.  
Once they have been blended with any kind of  
unscented "safe for skin use" cutting oil.  
Use only a few drops, they are strong.  
You can test for a skin reaction by placing a few drops of oil  
on either the underside of your wrist or inside elbow.  
Leave on for 24 hours, and then take a look.  
Never wear cinnamon oil or oils containing cinnamon oil.



A fantastic way to use these oils is to get a small size spray bottle.  
Use one part oil to about ten parts or more of water in the spray bottle.  
Spray it on yourself, the room, the car, sheets, blankets, sweaters,  
pillows, fabric furniture, anywhere.  
Do take caution please.  
See Secret Tricks & Tips

You can add a few drops of oil with any other  
unscented oil for body massage.

### Soap & Candle Making

### Body & Bath Product Making

### Incense, Potpourri & Craft Scenting

All of the oils are safe for soap, body products\*, and all  
your craft projects. These fragrance oils are *general purpose fragrance oils*.

**They are NOT "Candle only" oils.**

These oils work very well for container type candles, pillar candles,  
soaps, lotions, massage oils, bath gels, bath salts, potpourri and more.

Candle & Soap makers are using our oils with outstanding results.

We have thousands of customers, all over the world,  
either selling our products or making one thing or another with them.

The response is fantastic!



## Aroma Lamps

**Aroma lamps work very well for freshening up a large room or the whole house and our favorite way to use oils.**

**There are two types of aroma lamps or "melting pots".  
The first keeps the water hot with a lit candle under it.  
The second type is electric and uses a small light bulb to keep the water hot.**

**Place a few drops of oil in the dish with steaming HOT tap water.  
Keep the water hot with a candle under it or by using one of our electric aroma lamps.  
The oils will release their scent in the hot water and the aroma vapors will fill the house.**

## Lamp Rings



**\$15 dz.**

**Ceramic Lamp Rings**

**We find lamp rings to work very well.  
Lamp rings are placed on top of the light bulb.  
Place a few drops of oil on the ring.  
Turn on the light.  
As the bulb heats the ring, the fragrance fills the air.**

**Lamp rings come in two styles;  
Brass, which will not break, tend to smell a bit "tinny".  
Ceramic lamp rings work very well but they may break if they get knocked off the lamp and fall on to a hard floor.  
These are inexpensive and the smell is fresh and clean.  
We only sell ceramic lamp rings.  
You can wash them with soap and water to change the fragrance.**

## Potpourri

**Add a few drops to freshen the worn out potpourri or sachets.**

## Room & Car Diffusers



**Room and car diffusers and hanging air fresheners will slowly release the fragrance.**

**They work great for a small space area like the car or a bathroom.**

**Do not put too much oil in them.**

**A few drops will do and last a long time.**

**Small bisque statues also work well by adding a few drops of oil directly on them and letting the bisque soak up the oil.**



## Secret Tricks and Tips

**On the days when you need everyone to pitch in and clean, turn on the aroma lamp with some peppermint oil.**

**Peppermint oil is very energizing and refreshing.**

**It does the trick to get the kids moving.**

**We also find peppermint to be excellent to use on those hot summer days.**

**When someone is sick, like headache and nausea, Try some lavender in the aroma lamp.**

**When things are stressful by the end of the day, use chamomile or ylang ylang or one of the aromatherapy oil blends for stress.**

**In the spray bottle we mentioned before,  
spray yourself with lavender to keep the mosquitoes away.  
In fact, lavender keeps away many insects like fleas.  
Spray the couch and pet bedding areas.**

**A spray bottle is a quick way to freshen up smoke odors.**

**Great for the laundry!  
Add a few drops of oil to the rinse cycle of the wash.  
Place a few drops on a used fabric softener sheet and  
toss it in the dryer with the clothes.  
Add a few drops to the hand washables in the sink.**

**As you learn what oils do for stress or love or healing etc.,  
you'll find yourself using them all the time.  
They are inexpensive, simple to use, and very effective.**

**"A rose is a rose but to every nose it smells different."**

### **\*WARNING\***

**All oils are for external use only. Keep out of the reach of children.**

**Small test area on skin is recommended.**

**DO NOT wear cinnamon on the skin.**

**Disclaimer: Information provided is not designed to diagnose, prescribe,  
or treat any illness, or injury and is provided for informational purposes only.**

**Always consult a medical doctor, or other alternative medical practitioner  
when suffering from any disease, illness, or injury,  
or before attempting a traditional or folk remedy.**

**All of our oils are some of the finest you can find anywhere.**

**We are not, however, offering these products  
with the intention of making any representations  
as to their suitability for any medicinal use.**